

SDS

Refrigerator Reminders

April 2011



SDS
Senior Social
Sunday, April 10th
Army Navy
Country Club
Arlington, VA
Dinner, Dance w/DJ
5:30-9:30 pm

Meets:

Eastern Zones (Webster, NY) (Qualified Swimmers only)	Mar. 31-Apr. 1
March Madness (All Swimmers)	Apr. 1-3
April Showers Mini Meet	Apr. 9
Spring Sprints (All Swimmers)	Apr. 30-May 1

Upcoming Events!

**Senior Social
Rafting Trip**

LONG COURSE BEGINS!

(Not signed up? Talk to your coach now)

**Keep up-to-date - Check Website &
Pool Bulletin Boards**

APRIL SHOWERS Mini Meet
George Washington Rec Ctr
April 9, 2011



SDS SPRING SPRINTS
South Run
April 30-May 1
ALL SWIMMERS

**CALLING ALL
SDS Officials!**