



# October 2008 Refrigerator Reminders



## Fall Meets:



**October 11-12: SDS 12&Under Invitational**

**October 17-19: PVS October Open**

**October 25-26: Senior Invitational Tri-meet at Madeira**

**November 1: Pumpkin Patch mini meet**

**November 14-16: MOR travel meet - Raleigh NC**

**(deadline to sign up for MOR meet is October 15)**



## November 21-23: Swim & Rock

**“many hands make light work”**

**lend yours to make Swim & Rock a success**



**Complete and return the  
volunteer form to**

**Sheila Costin ([scostin@cochranowen.com](mailto:scostin@cochranowen.com))**

## We're more than just swimming:



**October 26: Hayride at Krop's Crops**

**An annual favorite. Pumpkins, hot dogs, cider,  
and**

**SPOOKY STORIES!**

## HOLD THE DATES

**2009 Spring Training Trip—Plantation, FL  
April 3 or 4 through April 10**

**Check the SDS Website**

**[www.seadevils.org](http://www.seadevils.org)**

**for more details**