



September 2008 Refrigerator Reminders



Does this look like you in the pool? Get back to practice!!!

Program Starts:

September 8: All sites except St. Albans

September 29: St. Albans

New Family Orientation Meetings

September 9: Madeira

September 10: Tuckahoe

September 11: Lab School

September 15: Holton Arms

September 20: South Run

October 2: St. Albans

September 27: Senior swimming seminar

Fall Meets:

October 11-12: SDS 12&Under Invitational

October 17-19: PVS October Open

October 25-26: Senior Invitational Tri-meet at Madeira

Save the Date—November 21-23

SWIM AND ROCK

Plan to volunteer for our signature meet of the season

Got Pictures??

**Share them on the web site or in a refrigerator reminder!
Contact John McKenzie (McK SDS Board@cox.net) to find out how.**

**Check the SDS Website
www.seadevils.org
for more details**