



May 2009 Refrigerator Reminders



May Meets – 11 month swimmers only

May 15-16 LC Derby

May 23-25 VA State LC

June Meets – 11 month swimmers only



June 13-14

FISH LC

June 14

PVS I

June 20-21

PVS Distance

June 28

PVS II

Special Events in May



May 9

Annual Awards Picnic at Luther Jackson MS

May 15

Registration opens for the 2009/10 season

May 22

Last day for Competitive 9 month programs



Scholar Athlete forms still being accepted – see your coach or the website for the form!

Check the SDS Website

www.seadevils.org

for more details