

April 2009 Refrigerator Reminders



April Meets

April 2-4: Eastern Zones, Rochester NY

April 18-19: Spring Sprints

May Meets

May 2-3: Early Bird

May 15-16 Long Course Derby

May 23-25 VA State Long Course

Special Events

April 3-10: Spring Training Trip

April 19: Senior Social at Army Navy Country Club

May 9: Annual picnic and athlete recognition

For Additional Details Check the SDS Website

www.seadevils.org