

# Sea Devil Swimming Summer Prep Training Session at Holton Arms

**Tuesday & Thursday Evenings**

**March 2 - May 20, 2010**  
(no practice on 3/30 or 4/01)

**8:00 - 9:00 p.m.**

**Holton Arms**

**\$400 per person**

**Coaches: Micky Minutoli & Jake McGrail**

**Register on the web: [www.seadevils.org](http://www.seadevils.org)**



Open to swimmers age 8 & up.  
Others by coaches approval.

Note: Does not include meet participation