

**Mitten Tree 9 & Under  
Dual Meet**

**DECEMBER 17, 2011**



**AWARDS**

**1<sup>st</sup> – 8<sup>th</sup> Place Ribbons**

**Participation Ribbons**

**We thank our Officials and Volunteers  
for their time and commitment.**

## Mitten Tree Mini Meet

December 17, 2011

SDS and SNOW

Sponsored by SDS

Sanctioned by USA Swimming through Potomac Valley Swimming

Sanction # PVD-12-101

<b>Meet Director</b>	<b>Melanie McKula</b> Phone 703-917-9208 E-mail <a href="mailto:admin@seadevils.org">admin@seadevils.org</a>
<b>Meet Location</b>	<b>George Washington RECenter</b> 8426 Old Mt. Vernon Road Alexandria, VA 22309 703-780-8894  The pool ranges in depth from 4.5 feet in Lane 1 (both start and turning ends) to 12 feet in Lane 8 (both start and turning ends.) The competition course has not been certified in accordance with USA Swimming Rules and Regulations Article 104.2.2
<b>Meet Officials</b>	<b>Nora Burke</b> patandnora@hotmail.com 202-494-1906
<b>Meet Referee</b>	<b>Mike Rubin</b> mrubin@cox.net
<b>Schedule</b>	<b>Saturday, December 17, 2011</b> <b>Warm up 2:00-2:30 PM Events 2:45 PM</b>
<b>Rules</b>	Current USA Swimming rules shall govern the meet. All events are timed finals. Seed times are short course yards. A swimmer may enter a maximum of 4 events. No on-deck USA-S registration is permitted.  In compliance with USA Swimming Rules and Regulations; the use of audio or visual recording devices, including a cell phone is not permitted in the changing areas, rest rooms or locker rooms. As per PVS policy; the use of equipment capable of taking pictures (i.e. cell phones, cameras, PDA's, etc.) are banned from behind the starting blocks during the entire meet, including warm-up, competition and cool down periods. <b>The practice of deck changing is prohibited at all PVS Sanctioned events. Swimmers participating in deck changing, would be violating the USA Swimming Code of Conduct/ Sportsmanship policy (Article102.10.3) and could be subject to removal from further competition in the meet.</b>
<b>Eligibility</b>	Open to the invited PVS Registered athletes from invited teams.

<b>Inclusion Policy For Swimmers with a Disability</b>	PVS and the host clubs along with their Meet Directors are committed to the Inclusion Policy as adopted by the BOD. Athletes with a disability are welcomed and are asked to provide advanced notice of desired accommodations to the Meet Director. The athlete (or the coach) is also responsible for notifying the session referee of any disability prior to the competition
<b>Warning</b>	Any club or individual that enters an unregistered athlete, falsifies an entry in any way, or permits An unregistered swimmer to represent them, will be fined by PVS the Sum of \$100.00 and no further entries will be accepted from that club until the said fine has been paid.
<b>Warm up</b>	<b>The prescribed PVS warm up procedures and safety Policies will be followed.</b>
<b>Supervision</b>	<b>Coaches are responsible for the conduct of their Swimmers and for cleaning up their team areas.</b> Swimmers in the meet, unaccompanied by a USA-S coach must be certified by a USA-S coach as proficient in performing a racing start or must start each race from within the water. Ensuring compliance is the responsibility of the swimmer or the swimmer's legal guardian.
<b>Credentials</b>	<b>Parents not working the meet as a deck official,</b> Volunteer lane timer, or other meet position are not permitted on the pool deck. Only athletes, USA Swimming certified coaches and officials are required to display their current USA Swimming card.
<b>Admission</b>	<b>There is no admission charge</b>
<b>Programs</b>	<b>Programs will be FREE and will be available online to participating teams prior to the meet.</b>
<b>Fees</b>	<b>Fee for individual events are \$6.00</b> <b>Checks payable to: SDS</b> <b>Please send your entry check directly to:</b> <b>SDS</b> <b>PO Box 650070</b> <b>Potomac Falls, VA 20165-0070</b>
<b>Deadline</b>	<b>Entries are due to Melanie McKula</b> <b>No Later Than 5:00pm Wednesday, November 30, 2011</b> <b><u>E-mail entries to:</u></b> <b><a href="mailto:Admin@seadevils.org">Admin@seadevils.org</a></b>
<b>NOTE: In granting this sanction, it is understood and agreed that USA Swimming, Potomac Valley Swimming, George Washington RECenter and Sea Devils Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.</b>	



**Mitten Tree Mini Invitational**  
At George Washington Rec Center, Alexandria, VA

**Date:** Saturday, December 17, 2011

**Ages:** 9&U  
**Warm-up:** 4:00-4:45 PM  
**Events:** 5:00 PM

<b>Girls #</b>	<b>Event Name</b>	<b>Boys #</b>
1	9 & U 100 IM	2
3	6 & U 25 Back	4
5	7 & 8 25 Back	6
7	9 & U 50 Free	8
9	8 & U 25 Breast	10
11	9 & U 50 Back	12
13	6 & U 25 Free	14
15	7 & 8 25 Free	16
17	9 & U 50 Breast	18
19	8 & U 25 Fly	20
21	9 & U 50 Fly	22
23	9 & U 100 Free	24