

Licensed to Potomac Valley Swimming - A      Hy-Tek's Meet Manager 11/11/2007  
 Swim & Rock 2007 - 11/16/2007 to 11/18/2007  
 Session Report

Session: 1    Friday AM Girls  
 Day of Meet: 1    Starts at 08:00 AM    Heat Interval: 30 Seconds / Back +15 Seco

Round	Event	Entries	Heats	Starts at
Prelims	1 Girls 11-12 100 Butterfly	29	4	08:00 AM
Prelims	3 Girls 13-14 100 Butterfly	48	6	08:09 AM
Prelims	5 Girls 15-18 100 Butterfly	41	6	08:20 AM
Prelims	7 Girls 11-12 200 Breaststroke	16	2	08:30 AM
Prelims	9 Girls 13-14 200 Breaststroke	36	5	08:37 AM
Prelims	11 Girls 15-18 200 Breaststroke	25	4	08:54 AM
Prelims	13 Girls 11-12 200 Freestyle	29	4	09:07 AM
Prelims	15 Girls 13-14 200 Freestyle	56	7	09:19 AM
Prelims	17 Girls 15-18 200 Freestyle	38	5	09:39 AM
Prelims	19 Girls 11-12 200 IM	26	4	09:53 AM
Prelims	21 Girls 13-14 200 IM	62	8	10:06 AM
Prelims	23 Girls 15-18 200 IM	34	5	10:31 AM
Prelims	25 Girls 11-12 50 Breaststroke	32	4	10:46 AM
Finals	27 Girls 11-12 500 Freestyle	18	3	10:52 AM
Prelims	29 Girls 13-14 500 Freestyle	30	4	11:13 AM
	Swimmer Count for Warm-ups	====	====	
	Entry / Heat Totals:	520	71	
	Finish Time			11:40 AM

Session: 2    Friday AM Boys  
 Day of Meet: 1    Starts at 08:00 AM    Heat Interval: 30 Seconds / Back +15 Seco

Round	Event	Entries	Heats	Starts at
Prelims	2 Boys 11-12 100 Butterfly	18	3	08:00 AM
Prelims	4 Boys 13-14 100 Butterfly	25	4	08:07 AM
Prelims	6 Boys 15-18 100 Butterfly	37	6	08:14 AM
Prelims	8 Boys 11-12 200 Breaststroke	13	2	08:24 AM
Prelims	10 Boys 13-14 200 Breaststroke	18	3	08:31 AM
Prelims	12 Boys 15-18 200 Breaststroke	16	3	08:41 AM
Prelims	14 Boys 11-12 200 Freestyle	22	4	08:50 AM
Prelims	16 Boys 13-14 200 Freestyle	32	5	09:02 AM
Prelims	18 Boys 15-18 200 Freestyle	37	6	09:16 AM
Prelims	20 Boys 11-12 200 IM	14	2	09:31 AM
Prelims	22 Boys 13-14 200 IM	21	3	09:38 AM
Prelims	24 Boys 15-18 200 IM	32	5	09:47 AM
Prelims	26 Boys 11-12 50 Breaststroke	27	4	10:01 AM
Finals	28 Boys 11-12 500 Freestyle	13	2	10:06 AM
Prelims	30 Boys 13-14 500 Freestyle	19	3	10:20 AM
	Swimmer Count for Warm-ups	====	====	
	Entry / Heat Totals:	344	55	
	Finish Time			10:40 AM

Session: 3 Friday PM Finals

Day of Meet: 1 Starts at 06:00 PM Heat Interval: 60 Seconds / Back +15 Seco

Round	Event	Entries	Heats	Starts at
Finals	1 Girls 11-12 100 Butterfly	29	1	06:00 PM
Finals	2 Boys 11-12 100 Butterfly	18	1	06:03 PM
Finals	3 Girls 13-14 100 Butterfly	48	2	06:05 PM
Finals	4 Boys 13-14 100 Butterfly	25	2	06:09 PM
Finals	5 Girls 15-18 100 Butterfly	41	2	06:13 PM
Finals	6 Boys 15-18 100 Butterfly	37	2	06:17 PM
Finals	7 Girls 11-12 200 Breaststroke	16	1	06:21 PM
Finals	8 Boys 11-12 200 Breaststroke	13	1	06:25 PM
Finals	9 Girls 13-14 200 Breaststroke	36	2	06:29 PM
Finals	10 Boys 13-14 200 Breaststroke	18	2	06:37 PM
Finals	11 Girls 15-18 200 Breaststroke	25	2	06:44 PM
Finals	12 Boys 15-18 200 Breaststroke	16	2	06:52 PM
Finals	13 Girls 11-12 200 Freestyle	29	1	06:59 PM
Finals	14 Boys 11-12 200 Freestyle	22	1	07:02 PM
Finals	15 Girls 13-14 200 Freestyle	56	2	07:05 PM
Finals	16 Boys 13-14 200 Freestyle	32	2	07:12 PM
Finals	17 Girls 15-18 200 Freestyle	38	2	07:18 PM
Finals	18 Boys 15-18 200 Freestyle	37	2	07:24 PM
Finals	19 Girls 11-12 200 IM	26	1	07:30 PM
Finals	20 Boys 11-12 200 IM	14	1	07:33 PM
Finals	21 Girls 13-14 200 IM	62	2	07:37 PM
Finals	22 Boys 13-14 200 IM	21	2	07:44 PM
Finals	23 Girls 15-18 200 IM	34	2	07:51 PM
Finals	24 Boys 15-18 200 IM	32	2	07:57 PM
Finals	25 Girls 11-12 50 Breaststroke	32	1	08:04 PM
Finals	26 Boys 11-12 50 Breaststroke	27	1	08:05 PM
Finals	29 Girls 13-14 500 Freestyle	30	1	08:07 PM
Finals	30 Boys 13-14 500 Freestyle	19	1	08:14 PM
	Swimmer Count for Warm-ups	=====	=====	
	Entry / Heat Totals:	833	44	
	Finish Time			08:20 PM

Session: 4 Saturday AM Girls  
 Day of Meet: 2 Starts at 08:00 AM Heat Interval: 30 Seconds / Back +15 Seco

Round	Event	Entries	Heats	Starts at
Prelims	31 Girls 11-12 100 IM	110	14	08:00 AM
Prelims	33 Girls 14 & Under 400 IM	30	4	08:29 AM
Prelims	35 Girls 15-18 400 IM	27	4	08:53 AM
Prelims	37 Girls 11-12 50 Freestyle	117	15	09:16 AM
Prelims	39 Girls 13-14 50 Freestyle	140	18	09:33 AM
Prelims	41 Girls 15-18 50 Freestyle	113	15	09:51 AM
Prelims	43 Girls 11-12 200 Butterfly	6	1	10:06 AM
Prelims	45 Girls 13-14 200 Butterfly	22	3	10:10 AM
Prelims	47 Girls 15-18 200 Butterfly	23	3	10:19 AM
Prelims	49 Girls 11-12 100 Backstroke	71	9	10:28 AM
Prelims	51 Girls 13-14 100 Backstroke	127	16	10:48 AM
Prelims	53 Girls 15-18 100 Backstroke	89	12	11:22 AM
	Swimmer Count for Warm-ups	====	====	
	Entry / Heat Totals:	875	114	
	Finish Time			11:46 AM

Session: 5 Saturday AM Boys  
 Day of Meet: 2 Starts at 08:00 AM Heat Interval: 30 Seconds / Back +15 Seco

Round	Event	Entries	Heats	Starts at
Prelims	32 Boys 11-12 100 IM	68	10	08:00 AM
Prelims	34 Boys 14 & Under 400 IM	25	4	08:20 AM
Prelims	36 Boys 15-18 400 IM	15	3	08:43 AM
Prelims	38 Boys 11-12 50 Freestyle	77	11	08:59 AM
Prelims	40 Boys 13-14 50 Freestyle	85	13	09:11 AM
Prelims	42 Boys 15-18 50 Freestyle	87	13	09:25 AM
Prelims	44 Boys 11-12 200 Butterfly	6	1	09:38 AM
Prelims	46 Boys 13-14 200 Butterfly	9	2	09:41 AM
Prelims	48 Boys 15-18 200 Butterfly	25	4	09:47 AM
Prelims	50 Boys 11-12 100 Backstroke	39	6	09:58 AM
Prelims	52 Boys 13-14 100 Backstroke	73	11	10:12 AM
Prelims	54 Boys 15-18 100 Backstroke	67	10	10:35 AM
	Swimmer Count for Warm-ups	====	====	
	Entry / Heat Totals:	576	88	
	Finish Time			10:55 AM

Session: 6 Saturday 9-10 Girls

Day of Meet: 2 Starts at 02:00 PM Heat Interval: 45 Seconds / Back +15 Seco

Round	Event	Entries	Heats	Starts at
Finals	101 Girls 9-10 200 Medley Relay	13	2	02:00 PM
Finals	103 Girls 9-10 200 Freestyle	18	3	02:08 PM
Finals	105 Girls 9-10 100 Breaststroke	57	8	02:20 PM
Finals	107 Girls 9-10 50 Backstroke	88	11	02:41 PM
Finals	109 Girls 9-10 100 Butterfly	12	2	03:01 PM
Finals	111 Girls 9-10 50 Freestyle	97	13	03:06 PM
Finals	113 Girls 9-10 100 IM	82	11	03:26 PM
	Swimmer Count for Warm-ups	=====	=====	
	Entry / Heat Totals:	367	50	
	Finish Time			03:53 PM

Session: 7 Saturday 9-10 Boys

Day of Meet: 2 Starts at 02:00 PM Heat Interval: 45 Seconds / Back +15 Seco

Round	Event	Entries	Heats	Starts at
Finals	102 Boys 9-10 200 Medley Relay	9	2	02:00 PM
Finals	104 Boys 9-10 200 Freestyle	19	3	02:09 PM
Finals	106 Boys 9-10 100 Breaststroke	43	7	02:21 PM
Finals	108 Boys 9-10 50 Backstroke	43	7	02:39 PM
Finals	110 Boys 9-10 100 Butterfly	14	2	02:52 PM
Finals	112 Boys 9-10 50 Freestyle	61	9	02:57 PM
Finals	114 Boys 9-10 100 IM	45	7	03:11 PM
	Swimmer Count for Warm-ups	=====	=====	
	Entry / Heat Totals:	234	37	
	Finish Time			03:28 PM

Session: 8 Saturday PM Finals

Day of Meet: 2 Starts at 06:00 PM Heat Interval: 60 Seconds / Back +15 Seco

Round	Event	Entries	Heats	Starts at
Finals	31 Girls 11-12 100 IM	110	1	06:00 PM
Finals	32 Boys 11-12 100 IM	68	1	06:03 PM
Finals	33 Girls 14 & Under 400 IM	30	1	06:05 PM
Finals	34 Boys 14 & Under 400 IM	25	1	06:11 PM
Finals	35 Girls 15-18 400 IM	27	1	06:17 PM
Finals	36 Boys 15-18 400 IM	15	1	06:23 PM
Finals	37 Girls 11-12 50 Freestyle	117	1	06:28 PM
Finals	38 Boys 11-12 50 Freestyle	77	1	06:30 PM
Finals	39 Girls 13-14 50 Freestyle	140	2	06:31 PM
Finals	40 Boys 13-14 50 Freestyle	85	2	06:34 PM
Finals	41 Girls 15-18 50 Freestyle	113	2	06:37 PM
Finals	42 Boys 15-18 50 Freestyle	87	2	06:40 PM
Finals	43 Girls 11-12 200 Butterfly	6	1	06:43 PM
Finals	44 Boys 11-12 200 Butterfly	6	1	06:47 PM
Finals	45 Girls 13-14 200 Butterfly	22	2	06:51 PM
Finals	46 Boys 13-14 200 Butterfly	9	2	06:58 PM
Finals	47 Girls 15-18 200 Butterfly	23	2	07:04 PM
Finals	48 Boys 15-18 200 Butterfly	25	2	07:11 PM
Finals	49 Girls 11-12 100 Backstroke	71	1	07:18 PM
Finals	50 Boys 11-12 100 Backstroke	39	1	07:20 PM
Finals	51 Girls 13-14 100 Backstroke	127	2	07:23 PM
Finals	52 Boys 13-14 100 Backstroke	73	2	07:27 PM
Finals	53 Girls 15-18 100 Backstroke	89	2	07:32 PM
Finals	54 Boys 15-18 100 Backstroke	67	2	07:36 PM
	Swimmer Count for Warm-ups	====	====	
	Entry / Heat Totals:	1451	36	
	Finish Time			07:41 PM

Session: 9 Sunday AM Girls  
 Day of Meet: 3 Starts at 08:00 AM Heat Interval: 30 Seconds / Back +15 Seco

Round	Event	Entries	Heats	Starts at
Prelims	55 Girls 11-12 50 Butterfly	95	12	08:00 AM
Prelims	57 Girls 11-12 200 Backstroke	30	4	08:15 AM
Prelims	59 Girls 13-14 200 Backstroke	85	11	08:29 AM
Prelims	61 Girls 15-18 200 Backstroke	54	7	09:05 AM
Prelims	63 Girls 11-12 100 Freestyle	123	16	09:28 AM
Prelims	65 Girls 13-14 100 Freestyle	144	18	09:57 AM
Prelims	67 Girls 15-18 100 Freestyle	108	14	10:27 AM
Prelims	69 Girls 11-12 100 Breaststroke	87	11	10:49 AM
Prelims	71 Girls 13-14 100 Breaststroke	121	16	11:14 AM
Prelims	73 Girls 15-18 100 Breaststroke	73	10	11:46 AM
Prelims	75 Girls 11-12 50 Backstroke	91	12	12:05 PM
	Swimmer Count for Warm-ups	====	====	
	Entry / Heat Totals:	1011	131	
	Finish Time			12:22 PM

Session: 10 Sunday AM Boys  
 Day of Meet: 3 Starts at 08:00 AM Heat Interval: 30 Seconds / Back +15 Seco

Round	Event	Entries	Heats	Starts at
Prelims	56 Boys 11-12 50 Butterfly	52	8	08:00 AM
Prelims	58 Boys 11-12 200 Backstroke	14	2	08:10 AM
Prelims	60 Boys 13-14 200 Backstroke	51	8	08:17 AM
Prelims	62 Boys 15-18 200 Backstroke	33	5	08:43 AM
Prelims	64 Boys 11-12 100 Freestyle	66	10	08:58 AM
Prelims	66 Boys 13-14 100 Freestyle	91	13	09:16 AM
Prelims	68 Boys 15-18 100 Freestyle	90	13	09:38 AM
Prelims	70 Boys 11-12 100 Breaststroke	50	8	09:57 AM
Prelims	72 Boys 13-14 100 Breaststroke	63	9	10:15 AM
Prelims	74 Boys 15-18 100 Breaststroke	48	7	10:34 AM
Prelims	76 Boys 11-12 50 Backstroke	43	7	10:46 AM
Prelims	78 Boys 15-18 500 Freestyle	53	8	10:56 AM
Prelims	77 Girls 15-18 500 Freestyle	46	6	11:45 AM
	Swimmer Count for Warm-ups	====	====	
	Entry / Heat Totals:	700	104	
	Finish Time			12:23 PM

Session: 11 Sunday 9-10 Girls  
 Day of Meet: 3 Starts at 02:00 PM Heat Interval: 45 Seconds / Back +15 Seco

Round	Event	Entries	Heats	Starts at
Finals	115 Girls 9-10 200 Freestyle Rel	13	2	02:00 PM
Finals	117 Girls 9-10 200 IM	13	2	02:07 PM
Finals	119 Girls 9-10 50 Breaststroke	75	10	02:16 PM
Finals	121 Girls 9-10 100 Freestyle	59	8	02:32 PM
Finals	123 Girls 9-10 50 Butterfly	57	8	02:51 PM
Finals	125 Girls 9-10 100 Backstroke	49	7	03:04 PM
Finals	127 Girls 9-10 500 Freestyle	11	2	03:23 PM
	Swimmer Count for Warm-ups	=====	=====	
	Entry / Heat Totals:	277	39	
	Finish Time			03:39 PM

Session: 12 Sunday 9-10 Boys  
 Day of Meet: 3 Starts at 02:00 PM Heat Interval: 45 Seconds / Back +15 Seco

Round	Event	Entries	Heats	Starts at
Finals	116 Boys 9-10 200 Freestyle Rela	9	2	02:00 PM
Finals	118 Boys 9-10 200 IM	15	3	02:07 PM
Finals	120 Boys 9-10 50 Breaststroke	52	8	02:19 PM
Finals	122 Boys 9-10 100 Freestyle	45	7	02:33 PM
Finals	124 Boys 9-10 50 Butterfly	36	6	02:50 PM
Finals	126 Boys 9-10 100 Backstroke	29	5	02:59 PM
Finals	128 Boys 9-10 500 Freestyle	9	2	03:13 PM
	Swimmer Count for Warm-ups	=====	=====	
	Entry / Heat Totals:	195	33	
	Finish Time			03:30 PM

Session: 13    Sunday PM Finals

Day of Meet: 3    Starts at 06:00 PM    Heat Interval: 60 Seconds / Back +15 Seco

Round	Event	Entries	Heats	Starts at
Finals	55 Girls 11-12 50 Butterfly	95	1	06:00 PM
Finals	56 Boys 11-12 50 Butterfly	52	1	06:02 PM
Finals	57 Girls 11-12 200 Backstroke	30	1	06:04 PM
Finals	58 Boys 11-12 200 Backstroke	14	1	06:07 PM
Finals	59 Girls 13-14 200 Backstroke	85	2	06:11 PM
Finals	60 Boys 13-14 200 Backstroke	51	2	06:19 PM
Finals	61 Girls 15-18 200 Backstroke	54	2	06:26 PM
Finals	62 Boys 15-18 200 Backstroke	33	2	06:33 PM
Finals	63 Girls 11-12 100 Freestyle	123	1	06:40 PM
Finals	64 Boys 11-12 100 Freestyle	66	1	06:42 PM
Finals	65 Girls 13-14 100 Freestyle	144	2	06:44 PM
Finals	66 Boys 13-14 100 Freestyle	91	2	06:47 PM
Finals	67 Girls 15-18 100 Freestyle	108	2	06:51 PM
Finals	68 Boys 15-18 100 Freestyle	90	2	06:55 PM
Finals	69 Girls 11-12 100 Breaststroke	87	1	06:59 PM
Finals	70 Boys 11-12 100 Breaststroke	50	1	07:01 PM
Finals	71 Girls 13-14 100 Breaststroke	121	2	07:03 PM
Finals	72 Boys 13-14 100 Breaststroke	63	2	07:08 PM
Finals	73 Girls 15-18 100 Breaststroke	73	2	07:12 PM
Finals	74 Boys 15-18 100 Breaststroke	48	2	07:17 PM
Finals	75 Girls 11-12 50 Backstroke	91	1	07:21 PM
Finals	76 Boys 11-12 50 Backstroke	43	1	07:23 PM
Finals	77 Girls 15-18 500 Freestyle	46	1	07:24 PM
Finals	78 Boys 15-18 500 Freestyle	53	1	07:31 PM
	Swimmer Count for Warm-ups	====	====	
	Entry / Heat Totals:	1711	36	
	Finish Time			07:37 PM